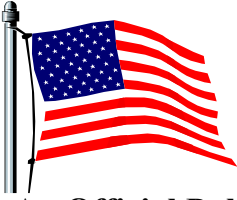


## **Support the Troops, Inc.**

Hellertown Sportsmen's Association Supports Our Troops. Do you know someone serving in our Military? Please pass their name & address and length of deployment to Blair & Valerie Ferguson at [sttroops@gmail.com](mailto:sttroops@gmail.com) or 610-438-8885 & they will ship them FREE care packages while serving. You can also donate your items for our troops by dropping them off in the green tub in our club house.

*see us on the Web and on Facebook* [www.hellertownsportsmen.com](http://www.hellertownsportsmen.com)



# HSA News



**An Official Publication of the Hellertown Sportsmen's Association**

**August 2021**

Vol.26 Issue 3

**President**  
Jim Bambu  
610-442-7193

**Membership**  
Tom McPeck  
484-894-5877

**Training**  
Paul Piscator  
610-847-5396

**Newsletter**  
Pamela Begovich  
610-217-4841

**Monthly Membership Meeting**  
Third Tuesday of every month 7:30 PM  
Clubhouse, 1793 Meadows Road, Hellertown, PA

### **From the President August 2021**

The board of directors have made a decision to not have the fall shoot this year. There is a lot of planning and work that must start months ahead of time and they feel there is a risk of Covid causing a last minute cancellation. They have decided instead to just have 3 Fall Club Improvement Raffles.

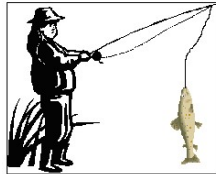
Enclosed are 3 sheets of raffle tickets. The first is our traditional cash raffle. A great chance to win \$1000.00 in cash. The second is for a Ruger 10/22 semi-automatic rim fire rifle. And the third, is something new. The prize is 500 rounds of Federal 9mm ammo. With the ammo supply shortage and the price who wouldn't love to win that. Remember all proceeds go towards improvements to the club. Please contact any officer or board member if you need additional tickets.

Our Jr Archery program will again start up the Monday after Labor Day. Don Jenny and his crew have been running this program for over 35 years. Bring your kids and their friends. A great time will be had by all. Don, you had better start blowing up those balloons.

See you at the club,  
Jim Bambu

#### **U.S. LAWSHIELD**

Look for a new class on the H.S.A. website for Friday, 9/24/21.



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FISHING  
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SPRING VALLEY SPORTSMEN  
CLUB DONATED 100 FISH  
**FISH STORIES**

Briar Weikert, 8 years old caught a 7 lbs. 11.7 oz, 24.5" long trout! She had it on the hook and the fish jumped off. Again she hooked it on the gill and under stress she tried to save the precarious prize, but the trout had other ideas and jumped off the hook again. Her disappointment felt like defeat. The trout swam away in shallow water but Dad found it so Briar moved to her station. On that try the trout went for the bait and she fought the mighty force! Dad came just in time with the net! The crowd roared with cheer!

#### **FISH STORIES Continued.....**

In the afternoon with the 9-12 age group, Hunter Hill caught a 8 lbs. 6.8 oz, 25.5 " trout! All the kids were winners and got prizes, goodie bags, lunch and T-shirts! Congratulations!

#### **RAFFLE TICKETS**

H.S.A. would like to thank everyone for purchasing tickets for the Club Improvement and Gun Raffle! Your participation is important as a sportsmen community of members. We would congratulate our winners for the May 18th Drawing and General meeting. Also thank you John for your donation.

#### **NEW THURSDAY NIGHT STEEL PLATE SHOOTING**

6 pm 22 pistol only, 2 sets; 5 targets at 25 feet. \$2 Building Fund \$1 to shoot all night. Can use 1 or 2 hands, timed is optional. Thank you Ken Orbach for the donated Polymer plates and holders. Contact Rich Geyer 610-838-8908 or Jim Kruege 610-417-3666 for more details or to volunteer.

#### **WANTED**

H.S.A. would like to start a new class for Junior youth. A 22 rifle shoot at 25 yards. Adult volunteers are needed to run the program. Please come to the Board meeting on the 2nd Tuesday of the month or the Regular meeting on the 3rd Tuesday to discuss time and days.

### **Club and Range Closings**

**All Ranges Closed**

**Third Tuesday of Month 7:30 pm  
During Monthly Membership Meeting**

**Rifle Range Closed**

**Every Tuesday 9:00 am - 12:00 pm  
Every Thursday 5:00 pm - 9:00 pm  
During Trap Shooting Sessions**

## Board of Directors

Chuck Adams 610-657-5328  
Valerie Ferguson 610-438-8885  
Rich Geyer 610-838-8908  
William Lambert 610-417-5005  
Paul Piscator 610-847-5396

## Representatives

LVPRL  
Bill Books 610-417-0161  
Sr. Archers  
Lou Bove 610-865-5857  
Action Pistol  
Ken Ortbach kjoine@aol.com  
Trap  
Mike Semo mikesemo1@gmail.com

## Officers

President  
Jim Bambu 610-691-0449  
Vice President  
Brock Williams 610-748-1209  
Recording Secretary  
Lou Bove 610-865-5857  
Membership Secretary  
Tom McPeck 484-894-5877  
Treasurer  
Blair Ferguson 610-438-8885  
Financial Secretary  
Susan Piscator 610-847-5396  
Newsletter  
Pamela Begovich pambego@gmail.com

Hellertown Sportsmen's Association  
P.O. Box 30  
Hellertown, PA 18055-0030  
Telephone 610-838-7118

www.hellertownsportsmen.com

## Range Hours and Rules 9:00 AM – 9:00 PM Every Day

### Use of Ranges Limited to Members Only

When using any of our outdoor ranges you must have your membership card visible. Please use sign in book.

*Due to insurance requirements and liability issues guests are not permitted to use the facilities except for organized events.*

Members who permit guests to use the ranges will immediately lose their membership for a minimum of one year.

*Guests may observe but under no circumstance may participate or take an active role in use of the ranges.*

### USE PAPER TARGETS ONLY

After shooting, please take off all targets and pick up your spent brass.

*Observe all club/gun safety rules printed on the back of your membership card and also posted at the ranges. You will lose your membership privileges for not obeying the rules. Please no .50 BMG.*

## Calendar of Events

**Monthly Membership Meeting**  
Third Tuesday every month 7:30 PM

**Action Pistol**  
1st, 4th, & 5th Tuesday - 6:00 PM  
Ken Ortbach kjoine@aol.com  
**USPSA Member Match**  
3rd Tuesday 7-9

**L.V.P.R.L. Bull's-eye**  
Wednesdays 5:00 PM - 9:00 PM  
Bill Books 610-417-0161  
Chuck Adams 610-252-3169

**Hellertown Archers**  
Mon. Morning &  
Evening during Winter  
Wed. & Fri. League  
6:00 PM - 9:00 PM  
Lou Bove 610-865-5857

**Jr. Archers**  
Mondays 6:00 PM – 8:00 PM  
Don Jenny 610-691-1903

**Trap Shooting**  
Tuesdays 9:00 AM - until  
Thursdays 5:00 PM - until  
Mike Semo 302-222-4172

## 2021 Firearms Training Schedule Paul Piscator NRA Certified Instructor

### Introduction to the Handgun for Women Only:

The purpose of this beginners program is to educate women to understand the basic operation of the handgun, safe handling of the firearm and proper shooting techniques and address the use of the handgun for personal protection.

### Concealed Carry Level I

As a licensed individual carrying a firearm one of the primary requisites is be trained to face sudden close quarter lethal encounter(s). Survival depends on a quick and decisive response and at the same time not effectuating or executing innocent lives. This course teaches how to react and deploy a handgun quickly and accurately against armed suspect(s). The program carries out specific preparation and advanced firearm training.

*Group or Personal instruction is available.*

## Lehigh Valley Tea Party Project 9/12

**WWW.LVTP.ORG**  
Monthly Meeting  
1st Thurs of Every Month at 7:00 PM  
Check the website for locations  
Common Sense values  
of the U.S. Constitution

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### Eastern PA Firearms Coalition

http://forum.pafoa.org  
Goal to preserve the individual right to keep and bear arms as guaranteed by Article 1, Section 21 of PA Constitution and the Second Amendment to the US Constitution.

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### Southern Loon Retrievers

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570-225-8519 Labradore Retrievers  
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### Northampton County Federation of Sportsmen's Club Inc.

Monthly Meets every 4th Monday  
Call Mike Topping 610-867-2137  
Email: thetoppings1@gmail.com

## Paul Piscator

Smith & Wesson Training Instructor  
NRA Certified Instructor  
Concealed Carry – Defensive Firearms Instruction

660 Lonely Cottage Drive Phone: 610-847-5396  
Upper Black Eddy, PA 18972 Fax: 610-847-5063  
E-mail: padona@epix.net

# FEAR

by Paul Piscator  
Firearms Instructor

**What is fear?** Fear comes in various forms and intensity. It may be the fear of winning or the fear of failure, the fear of starting a new career, or the fear of losing your job. Today I am going to address fear as it relates to defending oneself or a loved one from harm. There are basically two kinds of fear. 1) Healthy or auspicious fear and 2) what I call inauspicious or unfortunate fear. First, I will address **Healthy Fear**.

**Healthy Fear** (non-spontaneous) can be defined as recognizing or knowing a situation which can be harmful to you. Consciously you would not go into a bad area, i.e. drug pushers/dealers conducting their operations or into an area where other illicit activities are being administered. In the simplest terms this is known as good or healthy fear, avoiding known situations which can be detrimental or unhealthy for you. Good fear gives you the luxury of examining alternatives.

Unforeseen events, for example being attacked or approached by predators with malicious intent can lead to what I call **Inauspicious/Unfortunate Fear**. Fear under this situation usually requires an immediate reaction to a threatening provocation. The body's emergency system prepares for immediate action, such as the response "fight-or-flight." At this point the mind is assessing (in 0.25 seconds) what is going on and attempts to figure out what to do next. By this time, the chemical norepinephrine has dumped into the bloodstream. What occurs is an increase in the heart rate and blood pressure. This enables more blood to flow to the muscles leading to respiration, perspiration, salivation, pupil size increases and flatten (known as tunnel vision) and the brain begins shutting down the auditory system (This is why during a shooting you will hear statements "I didn't hear a gun shot.")

Because of the norepinephrine dump your fine or complex motor skills have become less effective. Now you will be working with your gross motor skills. Under a life and death situation requiring an immediate response the subconscious mind takes over. The conscious mind is basically out of the picture. The subconscious is where your learned responses are stored, for example responding with your firearm.

The conscious mind or the analyzing part of the mind is **no longer in command**. This is the place learned skills originate, such as correct procedures for drawing the firearm, proper two-handed grip, correct sight perception of the gun in relation to the threat(s). This information is amalgamated in the subconscious part of the mind. To perform and execute effectively when your life is on the line your training must be gross motor based.

Understanding the sensory information and how it is received and the path it takes in the brain when training individuals I keep the training as uncomplicated and fundamental as possible. A required spontaneous response will default to the gross motor skills to carry you through the event.

Immediately after the confrontation you are never going to remember in detail how you performed at that stressful moment. Reflection of the events and the details will occur as time passes. This is called "Critical Stress Amnesia," therefore, you should not give detailed information to law enforcement personnel for 24-48 hours after an event (and with your attorney present).

When you are called on to perform during an adversarial situation you are no longer rehearsing, you are on stage performing before a live audience. Consequently, this is why training and practice are essential.

*Paul Piscator is a Firearms Instructor who teaches **Concealed Carry Protection** programs. He may be reached at 610-847-5396 or by email at [pado-na@epix.net](mailto:pado-na@epix.net)*



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## L.V.P.R.L.



The last newsletter we were telling you how we have to stay a space apart while shooting, and wait in your car when there were too many people in the lobby, I am happy to say we can stand side by side at the shooting line without waiting in the parking lot. It's good to see veteran league members retuning to shoot with us again as restrictions have changed. We are extending the shooting season longer so members may complete their scores. Tentatively we will try to have a banquet on December 18<sup>th</sup> for the 2021 season. Many league members are asking me about the availability of 22 ammunition. The league sources that we had also dried up. If any league member has any leads about primers or ammunition, please let us know so we can share the information with other league members.

There is still time to sign up team shooting contact Bill Lambert. The league needs more help with range officers you may sign up for an early session or late session at the desk in the lobby.

You can contact me through email if you have any questions or concerns, [ecadams53@aol.com](mailto:ecadams53@aol.com).

Thank you for being patient.

Shoot Safe! Stay Safe,  
Chuck Adams

Welcome Trap Shooters,

HSA has a unique trap field that has been in continuous use for at least 25 years so if you would like to shoot trap, please join us. For new participants, I'd like to review the HSA trap shooting opportunities. We shoot on Tuesdays from 9 AM until noon and on Thursdays from 5PM until 8 or until everyone there has shot as much as they want to and/or we run out of shooters.

In order to participate please bring with you a shotgun, ammunition which is either #7 1/2 or #8 shot in boxes of 25 shells, ear protection, and safety glasses. Also recommended are a billed cap or visor, a shooting vest or pouch for holding your ammunition, and shooting gloves if desired. Each shooter shoots 25 rounds (one box) across five stations per relay. Most shooters use a 12 gauge shotgun, although we have some people that shoot a 20 gauge. If you are a new shooter, we recommend that you arrive about a half hour early to review our local trap safety regulations, local rules, procedures, and to get you signed up. We have regular members there who are more than willing to assist new shooters, help them pattern their gun and coach them. We are "co-ed" with both men and women shooting, and our shooters encompass a complete range both in age and proficiency, so beginners are welcomed. Incidentally, HSA trap shooting is open to the public so one does not have to be a member of the club to shoot at this organized event. The price is \$4/round for HSA members and \$5/round for non-members. We also throw a random "green" bird on each relay and if you break the bird while shooting on your turn, you are entitled to a free round.



**Gun Raffle!**

**RUGER 10/22**

### CLUB IMPROVEMENT RAFFLE

<b>Grand Prize \$1,000</b>	
<b>1ST PRIZE</b>	<b>\$300</b>
<b>2ND PRIZE</b>	<b>\$200</b>
<b>3RD PRIZE</b>	<b>\$100</b>
<b>4TH TO 10TH PRIZE</b>	<b>\$50</b>
<b>1 TICKET</b>	<b>\$5.00</b>
<b>3 TICKETS</b>	<b>\$12.00</b>
<b>4 TICKETS</b>	<b>\$15.00</b>
<b>8 TICKETS</b>	<b>\$25.00</b>

### AMMO RAFFLE

**Brick of 500 rounds  
Federal American  
Eagle 9mm**

We open the clubhouse for access to the restrooms and usually have coffee and donuts available and weather permitting, we shoot year-round. If anyone has any questions about HSA trapshooting, please feel free to call me or one of the other trap representatives. Contact information is listed both on the website and in our newsletter.

Thank you,

Pete Jones, 610-909-0705

Mike Semo, 302-222-4172